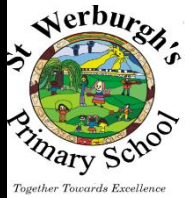


Anti-Bullying Policy (child's voice)

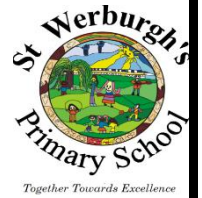
St Werburgh's Primary School

Reference No	SWP/22/006
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Approved By	Local Governing Body
Date Approved	
Date Issued	
Next Review Due	December 2024
To be Read by?	Staff, children and parents
Distributed Via	Website and in class



St Werburgh's Anti-Bullying Policy

(written by our school council members)



It is important that we feel safe and happy in our school. This policy looks at bullying and what you can do when you feel you are being bullied or when you notice someone else being bullied.

What is Bullying?

“Bullying is using unkind words, being mean and hurting other people’s feelings more than just one time. It can hurt you on the inside and the outside and is done repeatedly and continuously over a long period of time. In our school, we have the right to feel happy and safe and will not tolerate bullies.”

Types of Bullying

We know that there are different types of bullying, such as:

Physical- punching, kicking, spitting, hitting or pushing someone.

Emotional- hurting someone’s feelings leaving them out or bossing them about.

Verbal- teasing someone, calling them names and using unkind words.

Cyber- sending horrible messages or photos on a phone, tablet or computer.

Racist/ sexist/ homophobic- bullying someone because of a difference in their skin colour, gender or personal preferences.



What should I do if I am being bullied?

Tell a trusted adult: teachers/ grown-up's at home/ lunch-time staff/ friends.

Use your words and say 'stop, I don't like it!'

Ignore their mean actions and words.

Use the locked letterbox in Acorn Room to record if you think you are being bullied, a member of staff will read it and come and talk to you.



Remember, not to...

Fight back or retaliate

Do what the bully says

Get angry

Keep it a secret

Always remember that if you are being bullied it is not your fault and you are not alone.

If you think someone is being bullied:

Tell an adult straight away: grown-ups can stop bullying and make that person feel happy again.

Offer the child to come and play with you and to talk about it.

You should never be scared to tell someone about bullying.



NSPCC

<https://www.nspcc.org.uk/>

0808 800 5000

The school councilors want to make you aware of other sources of help available to you if you are experiencing bullying.

CHILDLINE

<https://www.childline.org.uk/>

0800 1111